

Nutrition has always played a significant role in our lives. What we choose to eat is just as important as the actual eating itself. It affects our overall health and well-being. Many of today's chronic health conditions and diseases are caused in large part by the unhealthy lifestyle choices we make.



These include risks for cardiovascular disease such as high blood pressure and cholesterol; insulin resistance and type 2 diabetes; hormone imbalances, metabolic syndrome; conditions related to being overweight or obese; low energy and fatigue.

We need all the nutrients in adequate amounts for optimal health. Since our diets most likely can not provide all of them, nutritional supplements can fill the gaps. Nutritional supplements also help boost our immune system. The more the immune system, stronger than the body can be against the disease.

The Nutrition's Division of Medicina Health Care .

• Natural Instant Drinks.

• Unique Salt for hypertensive patients.

• Germinated Brown Rice .